

Defensive Driving for Light Vehicles (LV) (2 Days)

Min attendees: 8 participants

Max Attendees: 15 participants

This course is aimed at Company employees, from senior management through to pool drivers who drive all types of light vehicles, be it company or personal and frequent / non frequent drivers. This course also enlightens those who have personal chauffeur's as it shall make one aware of what is expected from your chauffeur and be able to identify unnecessary high risk driving.

Upon completion of the training attendees will understand the meaning and importance of Defensive Driving, and the key factors in "arriving alive" at your final destination. This course is high impact and always gets the full attention of attendees, through "local" real life examples used during the training sessions. This course is an eye opener and changes one's perspective and attitude towards the one thing many take for granted, DRIVING!.

Block Syllabus

DAY 1

DAY 2

AM

Signing on and Introductions

Road Accidents

The human factor

Main causes discussed

High impact videos

Videos

Stresses defensive driving attitudes and accidents, this video is high impact and provides positive reinforcement in a truly dramatic way.

4 Keys to Safe Driving

(Observe, Identify, Predict, Decide)

Hazard identification sequence and avoidance

Reaction to hazards, actual and potential.

Real Life photographs used to enhance learning and application of the 4 Keys.

Seat Belts, Momentum and loose objects

Collisions and consequences of not wearing

a seat belt (very high impact videos included)
Hazardous loose objects in the vehicle
and vehicle momentum

PM

Practical Driving and Assessments

30 – 40 mins per attendee, and entails application of the skills learnt during the theory sessions, and instructor to “demonstrate” to participants should he feel ~~AM~~ necessary.

Eye-Lead Time

Reaction times
Factors affecting braking and friction of the tyres
The three second rule
(Safe Following distance)
Space cushioning while driving
and trailer articulation

Driver Fatigue & Tiredness Management

(See fatigue and tiredness content)

PM

Practical Driving and Assessments
20 – 30 mins per attendee